

Primary Reflex Movement Patterns Checklist

Based on the work of Dr. Svetlana Masgutova, MNRI

Name: _____ Date of Birth: _____

Today's Date: _____

Completed By: _____

Please place a check by those characteristics you observe in your child. Please add comments or additional concerns.

MUSCLE TONE

- Difficulty achieving and maintaining stability in sitting, standing, and during movement.
- Frequently "W" sits
- Joints present as tight or limbs lack mobility.
- Joints are extremely flexible or limbs are hypermobile
- Muscle tone appears typical to peers
- Seeks sedentary play
- Difficulty grading movement actions
- Tends to seek support when sitting or standing
- Tends to be fixed or erect

Comments:

HANDS GRASP

- Difficulty dressing self(without fasteners) including socks/shoes due to lack of hand strength to pinch and pull up
- Difficulty picking up small items
- Difficulty with fasteners __Buttons__ Snaps__ Zippers
- Difficulty tying shoes
- Inefficient grasp of writing tools (pencil/pen)__excessive pressure__looses grasp
- Poor handwriting
- Breaks Pencils often
- Difficulty with school tool use for __coloring__cutting__drawing__gluing
- Inefficient grasp of scissors
- Inefficient grasp of eating utensils__spoon__fork__knife__excessive pressure
__ too light of pressure
- Prefers eating with fingers
- Able to spread toppings with a knife __yes__no
- Poor speech and communication
- Poor written expression

Comments:

HANDS PULLING

- Poor socialization: giving and taking
- Difficulty with ball skills
- Oculomotor control challenges (convergence and divergence)
- Difficulty with eye hand coordination activities
- Difficulty with bilateral hand skills __buckling pants/belt __putting on pants or a belt __buckling a seat belt __pouring liquids __difficulty with snaps
- Difficulty climbing
- Difficulty brushing teeth
- Difficulty self feeding with utensils
- Difficulty picking up small items
- Difficulty lifting, pushing, pulling heavy objects
- Head righting and vestibular issues
- Poorly regulated muscle tone in the arms
- Poor fine motor coordination, difficulty with handwriting
- Speech and communication delays

Comments:

HANDS SUPPORTING

- Frequent injuries with falls (does not put hand out to protect self)
- Lack of arm, hand, eye coordination
- Lack of body and space awareness/boundaries
- Safety awareness
- Poor social boundaries (aggressive, standoffish, isolated easily becoming a victim, bully or being bullied)

Comments:

BABKIN

- Associated oral reactions with hand utilization; i.e. Tongue movements, lip movements or tightening of the lips
- Biting clothing or objects
- Clenched fists
- Eating challenges
- Nail biting
- Digestive issues
- Difficulty blowing nose to clear

Comments:

BABINSKI

- Always on the go fidgety
- Poor balance ___ Poor balance on uneven surfaces ___ trips easily ___ presents as clumsy
- Poor lower body coordination ___ Poor galloping ___ Poor jumping jacks ___ Poor skipping ___ Poor running
- Poor gait pattern ___ Walks on inside of feet ___ Walks on the outside of feet ___ Walks on toes ___ Walks with toes inward ___ Walks with toes outward ___ Flat arches
- Hip and knee problems
- Unable to stand still; lacks grounding and stability
- Issues with feet ___ Socks have to be just right ___ prefers to go barefoot
- oral motor issues ___ bites or chews objects/clothing ___ difficulty using a straw ___ drools ___ grinds teeth ___ does not notice a mess on the face when eating
- Issues with fine motor coordination
- Difficulties with gross motor coordination
- Language delays
- Timidity
- Poor crawling patterns

Comments:

FOOT TENDON GUARD

- Difficulty standing; poor grounding and stability
- Uneven support of body weight on foot arches
- Poor coordination for ___ Climbing ___ Jumping ___ Running ___ Swimming
- Emotional instability and lack of self confidence
- Lack of ability to adapt for focus and change perspective, rigidity in thinking
- Lack of flexibility
- Lack of positive self protection
- Difficulty letting go of stress and fears
- Poor walking patterns: ___ Unable to walk in a straight line ___ Loses focus in walking ___ unable to use a heel toe gait
- Delay in articulation and speech development
- Poor motor memory and lack of self confidence in making choices

Comments:

LEG CROSS FLEXION EXTENSION

- Difficulty balancing on 1 leg; balances on left foot for ___ seconds, balances on right foot for ___ seconds
- Difficulty coordinating legs to ride a bicycle
- Hesitant when descending/climbing stairs
- Hyperactivity
- Poor coordination across the body midline/ poor ability to cross crawl, to cross body midline

___ Postural problems in general

Comments:

BAUER CRAWLING

- ___ Asymmetrical gait pattern
- ___ Poor orientation in space
- ___ Poorly developed perspective vision
- ___ Slow study pace

Comments:

SPINAL PEREZE

- ___ Leans on people/objects for stability
- ___ Poor differentiation of pelvis from spine
- ___ Low back tends to be stuck in extension
- ___ Unable to assume super man position on their belly
- ___ Delayed in crawling development history
- ___ Delayed in walking development history
- ___ Atypical walking pattern ___ Stiff ___ Lacks reciprocal arm movement ___ Waddles ___ Leans forward
- ___ Spinal deformities
- ___ Tactile hypersensitivity
- ___ Auditory Hypersensitivity
- ___ Short and long term memory difficulties
- ___ Plays roughly with people and objects
- ___ Has difficulty grading their issues; too fast/slow, too hard/soft
- ___ Bladder issues ___ bed wetting ___ potty training
- ___ Complains of stomach pains
- ___ Picky eater
- ___ Breath holding with effort

Comments:

SPINAL GALLANT

- ___ Deficits in auditory processing
- ___ Discomfort with tight fitting clothes
- ___ Hyperactivity
- ___ Enuresis, incontinence, irritable bowel syndrome
- ___ Abnormal gait with incorrect hip rotation
- ___ Poor concentration
- ___ Poor gross motor coordination

- Scoliosis
- Tendency to adjust body/forget frequently when sitting in a chair
- Falls out of their chair

Comments:

TRUNK EXTENSION

- Posture tends to bend forward or backwards; it does not seem to have a midline
- Tendency to toe walk
- Difficulty pushing up on toes and coming down as when needing to reach something that is high up
- Over focused on details, missing the big picture; "cant see the elephant inn the room"
- Emotional and irrational issues; talks without making emotional connections
- Limited imagination
- Timing of jumping is not there
- Leans against external supports when sitting or standing

Comments:

FLYING AND LANDING

- Phobias of heights
- Gravitational insecurity: does not like their feet to leave the ground
- Unable to jump efficiently
- Impulsive jumping: jump all the time
- Challenged to judge height and depth
- Lacks control in dangerous situations

Comments:

AUTOMATIC GAIT

- Asymmetry (uneven) in walking
- Poor spatial orientation
- Tendency to pace back and forth
- Slower study pace
- Difficulty taking in the big picture, distance visual perspective

Comments:

TLR

- Poor sequencing skills: challenges with space and time
- Poor cause and effect awareness
- Gets car sick: vestibular problems
- Did not crawl as an infant
- Locks legs in standing to maintain posture
- Hyper muscle tone
- Hypo muscle tone
- Avoids sports
- Trouble throwing a ball
- Tends to slide out of their chair and under the table or desk
- Seeks head banging
- Visual issues with focusing and tracking

Comments:**LANDAU**

- Poor muscle tone
- Difficulty concentrating
- Clumsy in movements
- Stands with locked knees
- Hard to understand new things

Comments:**STNR**

- Visual issues wears glasses difficulty visually tracking poor eye contact keeps eyes close to paper poor visual monitoring of hand during fine motor tasks difficulty finding objects in competing backgrounds
- Difficulty moving hands, arms, head separately; tends to move as one unit
- Reactivity between and the muscles of the arm: head down arms flex/ heads up arms extend
- Puts head down excessively when drawing when reading writing
- Prefers to stand to engage in hand activities
- Poor balance, spatial, or temporal awareness
- Prefers sedentary play
- Problems with athletics/avoids new physical challenges
- Social issues; underachievement, frustration, avoidance

Comments:

ATNR

- Difficulty following verbal instructions
- Frequently asks for repetition of directions: says "what" a lot
- Slowed or delayed responses to auditory information
- Frequently misunderstands
- Does not consistently respond to their name
- Difficulty with sequencing events
- Difficulty with attention, focus, and memory
- Imbalance between focus and peripheral vision; does not get the big picture, focus tied to arms length
- Disorganized approach to self care tasks/routines __brushing teeth __preparing simple food __getting dressed
- Letter and number reversals
- Preferred hand is undetermined __preferred hand is left __preferred hand is right
- Uncoordinated cross lateral movement: difficulty turning/rotating/twisting
- Does not care for puzzles

Comments:

MORO

- Becomes overly excited after movement activities
- Seeks intense movement experiences
- Motion sickness
- Thrill seeker with little regard for safety
- Respiratory issues __breath holding with effort __Breath holding without effort __Rarely yawns __yawns excessively/frequently __Shallow breath pattern __Mouth breather
- Sleep issues __difficulty falling asleep __difficulty staying asleep __difficulties waking up
- Excessive anxiety __ timidity __maladaptive patterns of self protection __ lack of trust
- Fear of taking risks required for learning
- Fearful of feet leaving the ground when in control of the activity
- Fearful of feet leaving the ground when out of control of the activity
- Hypersensitivity to vestibular stimulation; does not like his/her head tipped back
- Motion sickness
- Poor adaptability
- Poor balance
- Problems with choice making
- Weakened immune system

Comments:

FEAR PARALYSIS

- Hypersensitivity or excessive reaction to __touch stimuli __visual stimuli __auditory stimuli
- Overly sensitive to loud noises
- Overly sensitive to visual stimuli
- Dislikes having their vision occluded

- Difficulty completing tasks when sounds are nearby
- Hears sounds that others do not
- Excessive anxiety, timidity, maladaptive patterns of self protection, lack of trust
- Fails to read visual cues in the environment
- Holds body stiffly
- Hyperactive gag responses
- Hyperactivity in general
- Resistive to grooming activities ___brushing teeth ___dentist ___haircuts ___nail trimming
- Visual distracted
- Difficulty with ball skills

Comments:

Your child's strengths:

Your child's challenges:

What would you like for your child??

Birth History:

Bowels: